



Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

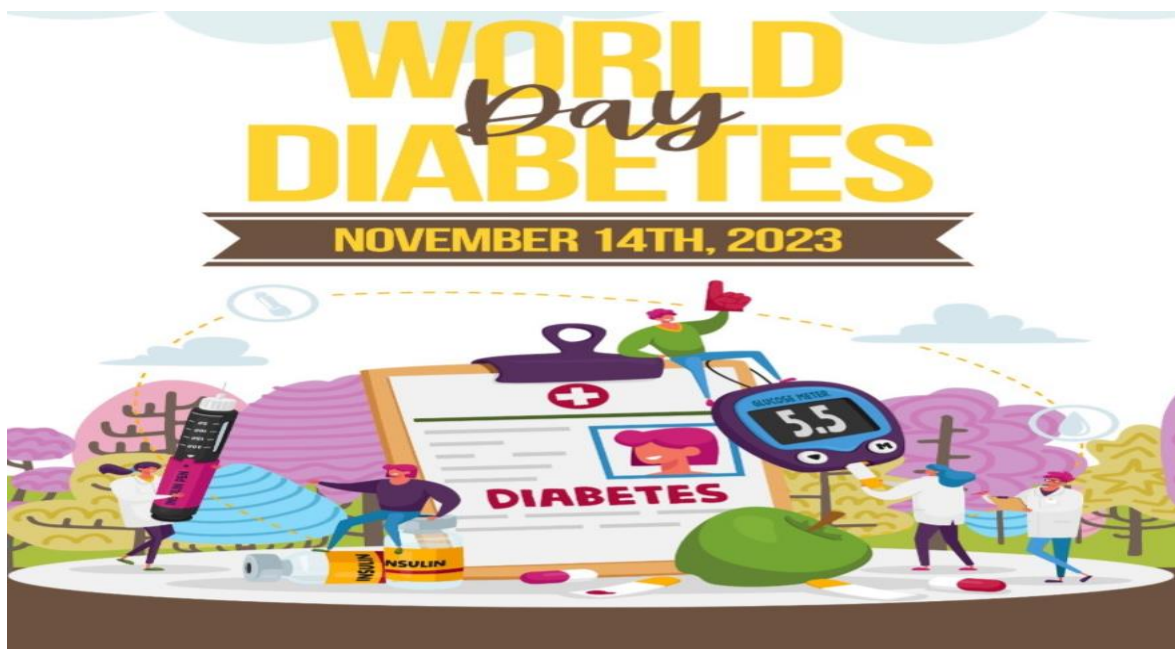
Accredited by **NAAC** as 'A++' ♦ Approved by AICTE ♦ ISO 9001-2015 Certified

Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA.

Phone No. 08645 - 350200; www.klef.ac.in; www.klef.edu.in; www.kluniversity.in

Admin Off: 29-36-38, Museum Road, Governorpet, Vijayawada - 520 002. Ph: +91 - 866 - 3500122, 2576129.

World Diabetes Day



Details of the Event:

Event Title **World Diabetes Day**

Time: 1:30 AM- 3:30 PM

Date: 14th November 2023

Venue: 310 D

Organized by: K L College of Pharmacy

No. of Students Participated: 25

No. of staff Participated: 03



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Ref: KLEF/SA/YRC/Events/2023-24

Date: 12-11-2023

Orders of the Vice Chancellor dt.12-11-2023

CIRCULAR

Sub: Conduction of Diabetes Check up on 14-11-2023 at KLEF – Reg.

Ref: 1. Letter received from Dean (Student Affairs)

2. Orders of Hon'ble Vice Chancellor dt. 12-11-2023

This is to inform you that the Youth Red Cross (YRC) of KLEF will be conducting
a Diabetes Check up on 14-11-2023 at KLEF

Event : Diabetes Check up
Date : 14-11-2023
Venue : KLEF
Registration at : Indoor Stadium

REGISTRAR

REGISTRAR
Koneru Lakshmaiah Education Foundation
(Deemed to be University)
Green Fields, VADDESWAREM-522 302;
Guntur District, Andhra Pradesh.

Objective:

KL Deemed to be University (Koneru Lakshmaiah Education Foundation) **College of Pharmacy** associated with KLEF_ YRC has conducted “**World Diabetes Day** on 14/11/2023 in the Pharmacy department, KL University, Guntur District, Andhra Pradesh.

Description:

A diabetes check-up is a comprehensive health assessment to screen for, diagnose, and manage diabetes. It typically involves a blood test to measure blood glucose levels, which indicate the amount of sugar in the blood. Healthcare professionals may also conduct other tests, such as a hemoglobin A1c test to assess long-term blood sugar control, and a lipid profile to evaluate cholesterol levels. During the check-up, individuals may discuss their symptoms, family history of diabetes, and lifestyle factors with a healthcare provider. Based on the results, personalized treatment plans, including medication, dietary changes, and exercise recommendations, may be developed to help individuals manage their diabetes and reduce the risk of complications.

Procedure of the Event:

On the eve of **World Diabetes Day**, Team KLEF Pharmacy students gave oral and poster presentations about awareness of the signs and symptoms of Diabetes mellitus, and diet that has to be taken, and the food that should be avoided who are having Diabetes mellitus.

Identifying people with Diabetes and raising awareness about the condition is crucial for early detection and effective management. Science and symptoms of Diabetes are excessive thirst hunger, frequent urination unexplained weight loss, fatigue blurred vision, and slow wound healing.

Screening for diabetes can involve simple blood tests, to measure Blood glucose levels. These tests can help identify Diabetes and determine its severity.

Faculty Dr. R. Supriya, Dr.Sukeerthi, and Dr.P.Lokeswari participated in this activity.

All the students from the pharmacy department and the faculty were appreciated by Dr.G.Chakravarthi, Principal College of Pharmacy.

Outcome:

The recent diabetes check-up revealed a [insert test result, e.g., fasting blood sugar level of 120 mg/dL, HbA1c level of 6.2%]. While this result is within the normal range, it's important to note that it falls within the pre-diabetes range. The healthcare provider recommended maintaining a healthy lifestyle, including a balanced diet, regular exercise, and weight management to prevent the progression to diabetes. Regular monitoring of blood sugar levels and follow-up check-ups are crucial to ensure timely intervention if needed.

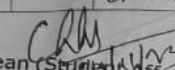
Participated volunteer list:

Name of the Event: Diabetes check up

Date: 14-11-2023

Place: KLEF

S.No	ID. No	Name of the Student	Branch	Year	Male/ Female	Signature
1	2300520087	Rathod Venkatesh	BCA	1	M	Venkatesh
2	2300520146	Srividya Panugant	BCA	1	M	Panugant
3	2300520104	Syed Abdul Razaq	BCA	1	M	Abdul Razaq
4	2300520007	Shaik Shareef	BCA	1	M	S. Shareef
5	2300520055	Datha Varrdhann	BCA	1	M	Vareedham
6	2300520074	Akash	BCA	1	M	Akash
7	2300520013	P.Rajesh	BCA	1	M	Rajesh
8	2300520146	S.Jaya Akarsh	BCA	1	M	J. Akarsh
9	2200520005	N.Akhilesh	BCA	1	M	N. Akhilesh
10	2300520104	Syed Abdul Razaq	BCA	1	M	Razaq
11	2301580001	Koliboyina Naresh	M.PHARMACY		M	Naresh
12	2301580002	Akkena Deepika	M.PHARMACY		F	Akkena Deepika
13	2301580003	Shaik Almaas Sultana	M.PHARMACY		F	Sultana
14	2301580004	Gundu Bhagya Sri	M.PHARMACY		F	Bhagya Sri
15	2301580005	Yenduri Keerthi Sree	M.PHARMACY		F	Keerthi Sree
16	2301580006	Ravuri Sai Venkata Sandhya	M.PHARMACY		F	Ravuri Sai Venkata Sandhya
17	2301580007	Badavath. Lavanya	M.PHARMACY		F	Lavanya
18	2301580008	Chelli Dinesh Kumar	M.PHARMACY		M	Dinesh Kumar
19	2301580009	Karani Balaji	M.PHARMACY		M	Balaji
20	2301580010	Boddu Sravani	M.PHARMACY		F	Sravani
21	2100530095	Rajeev Ranjan	PHARMACY		M	Rajeev
22	2100530096	Chandan Kumar	PHARMACY		M	Chandan Kumar
23	2100530097	Mohammed Jumna	PHARMACY		F	Mohammed Jumna
24	2100530098	Mohammed Khalfan Nassor Al Mazrui	PHARMACY		F	Mohammed Khalfan Nassor Al Mazrui
25	2100530099	Panashe Chimombe	PHARMACY		M	Chimombe


 Dean (Student Affairs)
 Koneru Lakshmaiah Education Foundation
 (Deemed to be University)
 Green Fields, VADDESWARAM-522502,
 Guntur Dist, Andhra Pradesh.