



## Koneru Lakshmaiah Education Foundation

(Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

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Campus: Green Fields, Vaddeswaram - 522 502, Guntur District, Andhra Pradesh, INDIA

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Ref: KLEF/SA/YRC/Events/2023-24

Date: 15-02-2024

### Orders of the Vice Chancellor dt. 15-02-2024

#### CIRCULAR

Sub: Conduction of Heart Health Awareness on 16-02-2024 at Vaddeswaram – Reg.

Ref: 1. Letter dt 13-02-2024 received from Dean (Student Affairs)

2. Orders of Hon'ble Vice Chancellor dt. 15-02-2024

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This is to inform you that the Youth Red Cross (YRC) of KLEF will be conducting Heart Health Awareness on 16-02-2024 at Vaddeswaram.

Event : Heart Health Awareness  
Date : 16-02-2024  
Venue : Vaddeswaram  
Registration at : Indoor Stadium

**REGISTRAR  
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Koneru Lakshmaiah Education Foundation  
(Deemed to be University)  
Green Fields, VADDESARAM-522 302.  
Guntur District, Andhra Pradesh.

**Objective:**

To create an Awareness of Heart Health, the KLEF\_YRC team conducted an outreach program in Vaddeswaram village.

**Description:**

Heart health awareness is crucial for preventing cardiovascular diseases, the leading cause of death globally. It involves understanding the risk factors, such as high blood pressure, high cholesterol, smoking, and physical inactivity, and adopting healthy lifestyle changes to mitigate them. Early detection through regular check-ups and screenings is key to managing existing conditions and preventing future complications. Promoting heart health awareness empowers individuals to take control of their well-being and make informed choices for a healthier future.

**Procedure of the event:**

Students of KLEF, i.e K L College of Pharmacy conducted an event to Vaddeswaram community by association with YRC on 16.02.24. students of K L College of Pharmacy have participated in it. The event started at 10:00 AM. The students of the K L College of Pharmacy have given a basic awareness on Heart health. The event started at around 10:00 AM. The students gave detailed descriptions of Heart health and the signs and symptoms of it. The students also shared the precautionary measures to be taken by them.

Pharm.D II Year and B. Pharmacy I year students have given brief about heart health to the community in Telugu. The summary of the event includes awareness about heart diseases and health. They concluded the event at 4:00 PM.

**Outcomes of the event:**

The outcome of the event is that students were given detailed notes on the prevention of heart diseases by following precautionary measures.

In conclusion, raising awareness about heart health is essential for preventing cardiovascular diseases and promoting overall well-being. By understanding risk factors, adopting healthy lifestyle changes, and seeking regular medical check-ups, individuals can significantly reduce their chances of developing heart-related conditions. By empowering people with knowledge and encouraging proactive steps, we can collectively work towards a healthier future, where heart disease is no longer a leading cause of death.

## Event Photos:
















**Participated volunteer list:**

Name of the Event: Heart health Awareness

Date: 16-02-2024

Place: Vaddeswaram

S.No	ID. No	Name of the Student	Branch	Year	Male/ Female	Signature
1	2100530001	D.S.SRISHA	PHARMACY	3	F	D.S. Srisha
2	2200550037	MANI SWAR REPALLI	B.COM	2	M	Mani Swar
3	2200630001	VANNEMREDDI VAISHNAVI	B.COM	2	F	Vannemreddi
4	2200030001	UPPULURI VISHNU VARDHAN	CSE	2	M	Uppuluri
5	2200030038	EDULA VIVEKANANDA REDDY	CSE	2	M	Edula
6	2200550045	VENKATA SUDHEER KAMINENI	B.COM	2	M	Venkata Sudheer
7	2100530003	AKSHAYA GANESH BANDARU	PHARMACY	3	M	Akshaya
8	2200550038	AYESHA SHAIK	B.COM	2	F	Ayesha
9	2200630002	SHAIK AKHILA	B.COM	2	F	Shaik Akhila
10	2200030037	G.NIKHILESWAR REDDY	CSE	2	M	G. Nikhileswar
11	2100530004	ANAGANI DURGA LAVANYA	PHARMACY	3	F	Anagani
12	2200550039	SHAIK FAHTAHA KHANAM	B.COM	2	F	Shaik Fahataha
13	2200630003	THELLAKULA KISHAN	B.COM	2	M	Thellakula
14	2200030002	LIKHITH MANNEPALLI	CSE	2	M	Likhith
15	2100530005	D CHETANA	PHARMACY	3	M	D Chetana
16	2200550040	THARIMELLA VIGNESWARA	B.COM	2	M	Tharimella
17	2200630004	SAI ALEKHYA PARIMISETTI	B.COM	2	F	Sai Alekhy
18	2100530006	GUTTIKONDA PAVAN KUMAR	PHARMACY	3	M	Guttikonda
19	2200550041	TULASI AISWARYA	B.COM	2	F	Tulasi
20	2200630005	SANJANE BOBBALA	B.COM	2	M	Sanjane
21	2100530007	SAMUDRALA ASWANATH	PHARMACY	3	M	Samudrala
22	2200550042	SHOBITH SHOBITH	B.COM	2	F	Shobith
23	2200630006	JANJANAM ANU	B.COM	2	F	Anu
24	2100530008	PULAGAM CHANDU	PHARMACY	3	M	P. Chandu
25	2200550043	VEDMUTHA ANKITH JAIN	B.COM	2	M	Vedmutha

  
 Dean (Student Affairs)  
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