## Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

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### **AWARENESS PROGRAM ON DIABETES**

# **EVENT DETAILS**

Date: 14th November 2019

**Time:** 9.00 AM to 5.00 PM

Venue: K.L.E.F

Organized by: YRC - Youth Red Cross

**Supported by:** Dr. Habibullah Khan – Dean Student Affairs

Dr. G. Chakravathi – Principal – College of Pharmacy

Mr. SK. Kalisha Vali – YRC Programme Coordinator

Pharmacy Department – Professors and YRC UNIT incharges

No. of Beneficiaries: 85

No. of students participated: 85

#### **EVENT TITLE: AWARENESS PROGRAM ON DIABETES**

### **OBJECTIVE**

The primary objective of the program was to raise awareness about diabetes, its causes, and its management, particularly focusing on supporting family members in dealing with this chronic condition. The event aimed to educate and empower volunteers and participants with knowledge about diabetes prevention and care.

#### **SUMMARY**

On November 14, 2019, the Youth Red Cross (YRC) of K L College of Pharmacy, affiliated with the Koneru Lakshmaiah Education Foundation, organized an awareness program titled "Diabetes: Protect your family." This event was held in collaboration with Dr. Mohan's Diabetes Centre to commemorate "World Diabetes Day." Here's a concise summary of the program:

- The primary objective of the event was to raise awareness about diabetes and its impact on families.
- Dr. Saritha Kakani, an expert with an MBBS and MD in Diabetology from Dr. Mohan's Diabetes Centre, delivered an expert talk on the theme. She provided insights into the pathophysiology of diabetes and discussed various factors, including genetics, diet, and lifestyle choices, that can lead to diabetes. Dr. Kakani emphasized the importance of supporting family members in maintaining a high quality of life while managing diabetes. She also addressed different therapy techniques and dosages related to diabetes management.
- The program witnessed active participation, with approximately 200 volunteers from K L College of Pharmacy attending the lecture.
- The event was efficiently coordinated by key individuals, including Youth Red Cross Professor Incharge Dr. Rajasekhar Reddy Alavala, Program Officer of the College Dr. A. Ankarao, YRC Coordinator Dr. S. Venkateswarlu, and faculty members such as Dr. P. Rajeswari, Dr. Keerthana Divya, and Mr. B. Nagaraju.
- The efforts of YRC volunteers and the successful arrangements made for the event received recognition and appreciation from university authorities. This included Dean-Students Affairs, Dr. Habibulla Khan, and Associate Dean, Dr. Ravindranath, who acknowledged the event's success.
- Professor Incharge of Hobby Club, Dr. R. Subhakar Raju, also appreciated the event's contributions and achievements.

- The Youth Red Cross (YRC) of K L College of Pharmacy expressed its gratitude to the college's Principal, Prof. Chakravarthi, and the University's Registrar, Dr. R.R.L Kantam, for providing the necessary facilities to ensure the program's success.

In summary, the awareness program effectively addressed the importance of diabetes awareness and family support, benefiting both volunteers and participants while garnering recognition and praise from academic and administrative authorities.

#### **OUTCOME**

- ✓ Increased knowledge about diabetes and its risk factors.
- ✓ Improved self-management skills, such as blood glucose monitoring, diet, and exercise.
- ✓ Reduced stigma associated with diabetes.
- ✓ Increased access to healthcare services.
- ✓ Decreased rates of diabetes complications.

# PHOTO GALLERY



Expert interaction with students about diabetes awareness

# LIST OF STUDENTS

S. No	ID Number	Name of the student	Signature
1	180031228	DEVABHAKTUNI RAVINDRA BABU	Rat.
2	180031252	KANDIKATTU DEERAJ KUMAR	The same
3	180031251	CHHATRAPATHI SIVAJI LAKKIMSETTY	Salasit
4	180031250	PATCHIPULUSU VARAPRASAD PRIVATAM	Valanua Sa-C
5	180031249	SHAIK JACKEER SHAREEF	51
6	180031248	IMRAN HUSSAIN	invanted'
7	180031247	MEDA SAI ROHITH	W. Palax
8	180031245	VARUN MITHRA NATUKULA	Vern
9	180031244	VISHAL VAIBHAV	vishad N
10	180031243	MALUNENI PRIYANKA	Bayanta M
11	180031242	NANDIPATI COHASRIPRIVA	Prima-en M
12	180031241	MERICAMALA NIRHIL KUMAR	Kumar pa
13	180031240	RAMAVAJULA GIRIJA	D. Gilbita
14	180031238	TUMMALA SAI SUMANTH	Sail_
15	180031237	MULAKALA ABHRAM YARDHAN	Addi-m.
16	190010033	M.LAKSHMI SATTVIKA	Sattorite
17	190040483	SISTLA SATHWIC SANIAY	C. Suns
18	190040525	TUMMALA RASATHYIKA	Roserve
19	190010040	M RAGHAVA LAKSHMI	Luit - m.
20	190010038	M.DNYA KUMARI	Dolya
21	190040573	V JOURGA VARA PRASAD	Gwat
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23	190030382	D.LEENA THANNAI	Chart
24	190030502	G.N.D.JAI RATHAN	6 Oti-
25	190030920	CH.MAHI KOUSHIK REDDY	Robby
16	190031367	I.VISHNU PRIYA	Prince
27	190520026	ANANYA D MEHTA	Trulya
28	190520030	TALLURI SRI PRAVALUKA	Sea

9	190032017	RISHITHA PUNYAMANTHULA	00-
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11	190031530	SOMASI LAKSHMI DHASA RAMAKRISHNA SASTRY	Salvey-
32	190010082	ADDEPALLI HANUMANTHA JYOTHSNA	Just
33	190030221	B.K.MEGASHYAM	Charles -
34	190070100	TATALA JANARDHAN REDDY	JANIER.
35	190030737	MR.K.TEJA SAI GOPAL	N Gain-
36	190030853	KOPPARAJU SIVA RAM	CONO.
37	190030590	P.H.S.PRIVA	Dylan
38	190070058	MUVUAY BHASKAR	Phaston
39	190070030	LHNEESH KUMAR	The state of
40	190070087	N.C.V.S.SAAAMAJ	Samij:
41	190031535	S.VEDA SAHITHI	- SA 195
42	190010053	S.VASAVIRADHA.	Manipadla
43	190030956	M.GUNADEEP	to.
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48	190040467	SK.FAREED BABA	Same
49	180030450	PENUMARTHI SAI PRIYA	Sai Ange
50	180030522	SAHITHI KATREDDI	Sahiffii
51	190030438	E.VAMSI KRISHNA	Gritha
52	190031928	P.V.S.R.AVINASH	Avinash
53	190040413	P DURGA SAI	80
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55	190030526	G.BHAVANA LAKSHMI PRATHYUSHA	Lui.
56	190070135	P.SUNDAR VARMA	Varnou
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64	180079015	), SAI PRAVEEN	Sid T
65	190030830	K.SREEJA	Sengo. K
66	190031216	PADI LAKSHMI NISHITHA	feldhair
67	190030623	JALADURGAM YASASWINI	Yesoswoni'
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69	190040323	M.S.V.VARSHITH	taretist.
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72	190040180	PADI AKHILA	Athiles
73:	180010041	P.CHATURYA ANKAMMA	Annyen
74	1900)0253	CH.GAYAETIRI	Garal
75	190032017	RISHITHA PUNYAMANTHULA	Righthan
76	190030874	KSRYA	Sugar
77	190069031	V.SRI RAM	V. Sien
78	190069035	SAU KIRAN G	SQ-
79	190020018	M, VARA LAKSHMI	Li
80	190040067	B.RAGHURAM	Paghing
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82	190010085	AVITHU SRI SAI PRIYA	82 m
83	190030152	8.BHUWANESWARD	Shower
84	190030874	6 SUSMITHA RANI	Sign
85	190010554	G.SUSNICIAN NAME	Kana

Signature of the Student Dean Dean (Student Affairs)

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