

Koneru Lakshmaiah Education Foundation (Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

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Ref: KLEF/SA/NSS/Events/2021-22

Date: 04-12-2021

### Orders of the Vice-Chancellor dt. 04-12-2021 CIRCULAR

Sub: Conduction of Run for Healthon 05-12-2021 at Vijayawada – Reg.

Ref: Letter dt. 03-12-2021 from Mr. P.Srikanth Reddy, Program Coordinator, KLEF NSS Cell and forwarded by Dean (Student Affairs).

This is to inform that, National Service Scheme (NSS) of KLEF will be organizing the Run for Healthon 05-12-2021 at Vijayawada.

Event	: Run for Health
Place	: Vijayawada
Date	:05-12-2021
Timings	: 9:30 am to 01:30pm

All the NSS Unit-9 students should participate in the event, Buses start from NSS Cell Indoor Stadium.

For Further information regarding the event contact Mr. P.Srikanth Reddy, KLEF NSS Programme Coordinator, Mobile No: 8466011222, or Mr. P.Suresh, Coordinator, NSS, Mobile No: 9493171719.



Vaddeswaram 522 302 \* Green Fields\*\* REGISTRAR Koneru Lakshmaiah Education Foundation (Deemed to be University) Green Fields, VADDESWARAM-522 302. Guntur District, Andhra Pradesh.



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## <u>A Report on Run for Health Conducted</u> <u>on 05-12-2021at Vijayawada</u>

### **Objective**:

The objective of the "Run for Health" event conducted on 05-12-2021 at Vijayawada was to promote and raise awareness about the importance of physical fitness and health among individuals of all ages. The event aimed to encourage participation in regular physical activity as a means to improve overall well-being and prevent lifestyle-related diseases. By organizing a community run, the event sought to inspire individuals to adopt healthier lifestyles, emphasize the benefits of exercise for both physical and mental health, and foster a culture of wellness within the local community.

### **Description**:

KL Deemed to be University's National Service Scheme (NSS) organized the "Run for Health" event on 05-12-2021 at BRTS Road, Padavalarevu Centre, Vijayawada, in collaboration with Manipal Hospitals and Red FM 93.5. Aimed at promoting fitness and health awareness, the event featured 10K/5K runs open to citizens of Andhra Pradesh, students, fitness centers, runners, and sports clubs. Beginning at 5:30 AM, preparations started at 4:20 AM, ensuring participants received T-shirts and food. The event included various amenities such as cash prizes, T-shirts, e-certificates, breakfast kits, and health check coupons. The run concluded by 6:40 AM, followed by a successful meet on 11-12-2021 attended by Sri V V S Lakshman (Head of NCA) and Manipal Hospitals' directors. Sri Lakshman emphasized the benefits of regular exercise in enhancing immunity and overall health during his speech, concluding with the awarding of cash prizes to event winners. Dr. KRS Prasad, Dr. Habibulla Khan, and Mr. P. Srikanth Reddy presided over the event.

#### **Outcome:**

The "Run for Health" event organized by KL Deemed to be University's NSS on 05-12-2021 in Vijayawada was highly impactful, promoting fitness and health awareness across the community. With participation from diverse groups including citizens, students, and fitness enthusiasts, the event successfully encouraged regular physical activity as a key component of a healthy lifestyle. Participants benefited from various amenities and incentives like cash prizes, T-shirts, e-certificates, breakfast kits, and health check coupons, enhancing their motivation and engagement. The event culminated in a successful meet where insights from health experts reinforced the importance of daily exercise for boosting immunity and maintaining overall well-being, leaving a lasting impression on all attendees, and contributing positively to public health awareness.

#### **Impact on Society:**

The "Run for Health" event by KL Deemed to be University's NSS fostered a culture of fitness and wellness in Vijayawada, encouraging widespread community participation in physical activity. By promoting health awareness and providing incentives for healthy living, the event contributed to improving overall public health and reinforcing the importance of regular exercise for well-being.

#### **Details of the Event:**

Name of the Event	: Run for 5k/10k
Date of the Event	: 05-12-2021
Venue	: BRTS Road, Padavalarevu Centre Vijayawada
No of students Participated	: 193

# **Events Photos:**



students is seen participating in the Run for Health program on 05/12/21





Volunteers and Local youth participated in run for health program at Vijayawada on 05/12/21

# Participated Volunteers list:

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S.NO	Name of the volunteer	ID NO	Branch
1	KAGITHAPU SREEYA	2100510024	B.Arch
2	KORNEPATI SAANVI	2100510025	B.Arch
3	HAFREN SHAIK	2100510026	B.Arch
4	MATURI NAGA SRINIDHI	2100510027	B.Arch
5	TIRUMALA TEJA SRI	2100510028	B.Arch
6	AASHWI	2100510029	B.Arch
7	JUJJUVARAPU NITHYA VIVEK	2000519001	B.Arch
8	Konala Kalai Vani	2000519002	B.Arch
9	Ashish kumar jha	2100530066	B pharmacy
10	Vyshnavi panditi	2100530055	B.pharmacy
11	G. Bhargavi	2101570012	Pharmacy/pharm D
12	Raushan kumar	2100530107	B pharmacy
13	Satyam kumar	2100530096	B.pharmacy
14	Bittu kumar	2100530104	B. Pharmacy
15	B . Nikhitha vyshnavi	2100530092	B. Pharmacy
16	Piyush Bandela	2101570016	Pharmacy (Pharm.D)
17	Keerthi Vardhan Reddy.Gade	2101570004	Pharm D
18	Ayush Robertson	2101570003	Pharm.D
19	Uppalapati Sai thanmaye	2101570021	Pharm d
20	Prince Kumar	2100530042	B pharmacy
21	Sharmila banu	2101570029	Pharm.D
22	Prince tiwary	2100530069	B pharma
23	Preetam Kumar	2100530093	Bpharma
24	Chandan Kumar	2100530097	Pharmacy/B. Pharm
25	SIMON MWANGI	2101570007	PharmD
26	Harshith	2100530103	B-Pharmacy
27	dhananjay kumar	2100530035	B pharmacy
28	Raman kumar	2100530039	B pharmacy
29	Nirupama Dolai	2100530089	B pharmacy
30	Gullapalli Vennela Chowdary	2100010045	Biotechnology
31	Abubakar Omar Mustafa	190181021	Bachelor of Pharmacy
32	Nandini Ravula	2100010009	Biotechnology
33	Chittelu Blessy	2201570002	Pharm.D
34	Shaik Mohammad Noor	2101570019-	Pharm D
35	Pujitha chatragadda	2201570005	Pharm D
36	MAHA LAKSHMI.K	2101570001	PHARM.D

1 .440

37	Patti tulasi twiha reddy	2100010112	biotechnology	tolas". P
38	BLIKHITHA	2100010112	BIOTECHNOLOGY	Lalazor A
39	Motamarri Anjani devi	2100010078	Biotechnology	Liton. D
40	Nalluri. Reshma	2201570001	Pharm-D	aniquin
40	Pujitha.sayana	2100010095	Biotechnology	Dwithac
41	Pothuri vishnu	2100010033	Biotechnology	121 2
42	SHAIK MOHAMMED AATHIQ JAZEE	2100010040	Biotechnology	Vigue
45 44	Kasa Jaswanth Kalyan	2100010033	Biotechnology	dathig Jaeott
44	vignaya.M	2100010037	biotech	VIGHALLYE
45	Himanshu Ranjan	2100530048	B. Pharmacy	
40	Eesha Meruva	2100530040	Pharma.D	Cololiand
48	Nagini narne	2100010023	B. T	nagini
49	Anshu Kumar Patel	2100530043	B pharmacy	Adkar
50	Sravani gummadavalli	2201570011	Pharm .d	Contin
51	Manaswini pedapudi.	2201570004	Pharm.D	Manestoini P
52	GADE HARITHA	2100530087	B.Pharmacy	HARITHO
53	Subodh Kumar Singh	2100530086	b.pharmacy	Chade Kenze
54	Mounika puppala	2201570012	Pharm D	Mourika.p
55	MILANDU T	2100530050	B PHARM	milandu
56	Pushpket Ranjan	2000530011	B.Pharmacy	Ranjan.
57	prakash kumar	2100530070	B pharmacy	Broke
58	Konakandla Venkata Sai Yuvaraj	2201570010	Pharm D	N. Dai
59	Sai tejaswi Pennepalli	2201577703	First year of pharm.D	I traswi
60	B.Devi aruna jyothi	2101570028	Pharmacy/pharm.D	Tooth
61	Manoj kumar	2100530085	B. pharmacy	Manoi Kunaz
62	Thoviti .Harika	2100010079	Biotechnology	119:14
63	CH. V. S. S Lakshmi sarayu	2101570006	Pharm. D	Solayer_
64	KAVURI DESHNA	2101570026	Pharmacy / pharm D	Dog
65	Katta.Varshitha	2100010107	Biotechnology	Vastites
66	Grandhi kavya sruthi	2201570008	Pharm D	Badi
67	Chandan Kumar	2100530045	B pharmacy	andler
68	Vivek Sagar	2100530068	Pharmacy / B. Pharmacy	Viveklager
69	Vaishnavi. Malempati	2100530078	B.pharmacy	Vivek agen Val chais Malerype
70	Vishal Anand	2100530106	B.pharmacy	Draid.
71	Imran	2100530067	B pharmacy	Invan
72	Manish Kumar Chourasia	2000530020	B Pharmacy	manial
73	N Divya Teja	2100530060	B pharmacy	DMa
74	P Bhargav	2000530076	Bpharmacy	Begav
7.5	Tarigopula, P. V N Sai Sree	2100530077	B Pharmacy,	Càrgoe
76	Doni Sri Lakshmi.Angadala	2100010096	Btech/bio technology	latopini.
77	sailesh choudhary	2100530084	B pharmacy	sailesh
78	SHAIK TABREZ	2201570009	Pharm d	TARRE 2
79	Gummalla Vara Prasanth	2101570023	Pharmacy/Pharm d	NZ
80	Nishant raj	2000530053	B pharmacy	Netal
81	K.Jyoshna bhavani	2101570022	Pharmacy/ pharm.D	K. Tyo shua.

82	Iduhaye Uwayo Ngoga Nadege	2100530071	Bachelor/pharmacy u	Styrenter
83	Maddu.Naga Suvarna	2201570006	Pharm D	Salarare
84	Peddu.Teja Sri Sathwick	2201570007	PharmaD	tota
85	K.Yoshitha	2100010025	Biotechnology	Hospithe
86	Harsha Vardhan Yadam	2100530075	Bpharmacy	harshe it
87	Meghana Vadlapudi	2100010063	Biotechnology	Mas
88	Thota Asmitha	2101570024	Pharm D	The
89	Musoki Lyndah	2100530024	B. PHARMACY	ARES
90	Gunjan Kumar	2100530046	B.Pharmacy	Ghi
91	DOPPALAPUDI PAVANI	2100010075	BIOTECHNOLOGY	AB
92	Rajeev Ranjan	2100530095	B pharm	Pajer
93	vineetha.k	2100230085	biotechnology	viner
94	varshitha.p	2100010027	biotechnology	var
95	Mugisa Simon	2100530026	B.Pharmacy	ma
96	M.Mounika	2100010104	Biotechnology	m
97	Bhimireddybhaashitha	2100010019	Biotechnology	bh-
98	D.Harika	2100010048	Biotechnology	DHA-
99	Chagamgamreddy.Bavitha	2100010003	Btech.Biotechnology	sin
100	Mohommad uzair mohiddin	2000530008	B pharmacy	m
101	B.Jaya sai parnika	2100620104	Agriculture	DEFine
102	N.T.D.Rahul	2100620076	Agriculture	W/2
102	Kota Bhargavi	2100620107	Agriculture	Kal
104	G. Ravi kiran	2100620090	Agriculture	6-
105	G. Supriya	2100620082	Agriculture	RACIA
106	Gopi Chand	2100620103	Agriculture	ANDI
107	N.Sai Ganesh babu	2100620094	Agriculture	Nisa
108	David Kamal. Tarakaturi	2100620065	Agriculture	PaliA
109	SURINENI VENKATA SIVA SANKAR	2100620115	Agriculture	Sussin
110	Shivaram Maloth	2100620109	Agriculture	The Fas
111	Sk. Fareedha Tabasum	2100620086	Agriculture	Report
112	T.keetthi	2100620074	Agriculture	TORS
113	S Nikhil kumar	2100620097	Agriculture	Mitch
114	PULIBANDLA ASHOK CHAKRAVARTHI	2100620054	Agriculture	AB
115	Merupo Abhishek	2100620050	Agriculture	Merup
116	S.Sindhu Bhargavi	2100620111	Agriculture	S. CT_
117	Bollu Naga Prasanna	220062005	Agriculture	Bot
118	BATTULA LAKSHMI SAISRI	2200620008	Agriculture	Brith
119	Bavirisetti Sreeja	2200620007	Agriculture	Them
120	Thota. Abhi Ram	2200620007	Agriculture	chella
121	challa sai visal	2200620118	Agriculture	VEC-L.CL
122	DALAYI.LOHITH	2200620110	Agriculture	Deter
123	Adapa Mohana sai	2200620108	Agriculture	Adapt
123	Gundlapalli Geethika Reddy	2200620105	Agriculture	BAL
124	Gurram surekha	2200620013	Agriculture	hu
125	G.Sagarika	2200620019	Agriculture	Gr. Sar

127	J Bharghavi sai	2200620022	Agriculture	J.Bh
128	K.Komal Ganesh	2200620026	Agriculture	K. Ka
129	M.V.V.S.VANI	2200620035	Agriculture	m
130	MOHAMMED HAKEEM	2200620036	Agriculture	Me
131	MOHAMMED SALMAN	2200620037	Agriculture	Solucion. Mks
132	NALLA NIKITHA SRI BHUVANI	2200620039	Agriculture	Na
133	BABY KAVYA PALADUGU	2200620043	Agriculture	Ban
134	PARUCHURI DEVI SREE	2200620045	Agriculture	Pos
135	PENTAKOTA RAMA KRISHNA SATYA SAI	2200620047	Agriculture	Pent
136	Parnandi Srinivasa Kaushik	2200620049	Agriculture	Passar
137	addala syam kiran	2200620055	Agriculture	addafa
138	TALLAM PAVANI LAKSHMI HIMA BINDHU	2200620058	Agriculture	That
139	VASANTHULA ASHOK	2200620060	Agriculture	Van
140	kranthi priya. v	2200620061	Agriculture	Krant
141	v mani sakunthala	2200620063	Agriculture	Sakenthala. V
142	YARRAGUNTLA INDU	2200620064	Agriculture	yare
143	GANGULA SIVA NAGA VAMSI	2200620066	Agriculture	Gomos
144	SYED MOHAMMED ABBAS	2200620067	Agriculture	syst
145	VURRINKALA SHANKAR	2200620068	Agriculture	North
146	Narni.hema satya sri ram kumar	2200620069	Agriculture	-mB
147	MADASU MOUNIKA	2200620071	Agriculture	man
148	PONNURI SRAVANTHI	2200620074	Agriculture	Parm
149	NALLABANDA ARSHIA	2200620075	Agriculture	nalle
150	Parapathi Likhitha Sai Mrunalini	2200620076	Agriculture	Paroa
151	ARUMALLA LAKSHMI SARVANI	2200620077	Agriculture	Arounte
152	kakarla mamatha	2200620078	Agriculture	Kartar
153	A.BHAVYA	2200620079	Agriculture	A. Bh
154	BALLA SUVARNA	2200620080	Agriculture	B
155	PILLA RAMA CHARITHA SREE	2200620081	Agriculture	AB
156	Kagga.Hima Bindhu	2200620082	Agriculture	Kan
157	THIRUMALASETTY ANUSHA	2200620083	Agriculture	Third
158	Batraju Jalanjaneyulu	2200620084	Agriculture	B-On
159	Purella Sai Durga	2200620085	Agriculture	turella
160	P.Deepthi Lochana	2200620086	Agriculture	P. Por
161	Karri Sai Supriya	2200620087	Agriculture	Supriye
162	SIDDIRAJU NITHIN	2200620088	Agriculture	Siddom
163	N.GNANESWAR	2200620089	Agriculture	M. Abiss
164	Mohammad. Abisha	2200620091	Agriculture	AB
165	VEESA KAVYA	2200620092	Agriculture	Pm
166	Ragolu Trivedha Samhitha	2200620094	Agriculture	bolae
167	balasa naveena	2200620095	Agriculture	nooen
168	MORU VENEELA SRI NAGA CHANDINI	2200620096	Agriculture	An
169	Anumagalla Sandhya	2200620097	Agriculture	Anun-
170	Boddu.sravani	2200620099	Agriculture	Bodh
171	Vulliui bhavana	22006200101	Agriculture	Dhurren

177	PANJALA. SRAVANI	2200620112	Agriculture	Par
178	819191919 819191919191	2200620113	Agriculture	à
179	shaik.Ruhiya Naaz	2200620114	Agriculture	Bh
180	MADDALA MAHESH	2200620117	Agriculture	Maddala
181	Chintagunta.Palgoni	2200620120	Agriculture	Dalgoni .
182	B.Jeswitha	2200620125	Agriculture	Bides
183	MOHAMMED ASIF	2200620138	Agriculture	M. ASTI
184	M. ANANDINI MARGARTE	2200620142	Agriculture	Men
185	V.ANUSHA	2200620143	Agriculture	N.Anz
186	V.LILLY SHARON	2200620144	Agriculture	v. Lilly
187	Snehankitha Malayanur	2000031478	Agriculture	S. Mala
188	Akanshi Kumari	2100080247	CSE	Atomshi
189	VAMSI OMKAR YARLAGADDA	2100030573	CSE	Vamei 1
190	Venkata Vishnu Vardhan Reddy Vanga	2100030576	CSE	Ven
191	Sola Mohana Durga Venkata Sri	2100031274	CSE	Norfatas
192	Alla sai surya	2100031646	CSE	Alta
193	Sannepalli Charan Shiva kumar	2100032498	CSE	Some
194	Tumpudi Aishwarya	2100030557	CSE	Tumpud
195	rohitha Jonnalagadda	2100030209	CSE	'sobit_
196	BOYINA VISWA KUMAR	2100031196	CSE	Bayir
197	VENKATA KARTHIK KASANI	2100031060	CSE	Vontato
198	T.sai vardhan	2100031012	CSE	-AB
199	BL GNAPIKAA	2000030018	CSE	EL Gr
200	Budideti UdayKumar Reddy	2000030020	CSE	Budid.

Program de Officer MITT MOS Cell.

Post

P. SRIKANTH REDDY Programme Co-ordinator National Service Scheme Koneru Lakshmaiah Education Foundation Vaddeswaram, 522503

LRS PUSEd Dean (Student Affairs) Koneru Lakshmaiah Education Foundation (Deemed to be University) Green Fields, VADDESWARAM-522502, Guntur Dist, Andhra Pradesh.