



## Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

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Campus: Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA.

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### 10(A) Girls Battalion

## Marathon For Health Awareness Program



10(A)G.Bn.NCC



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## EVENT DETAILS

EVENT TITLE: Marathon for Health Awareness

DATE: 29-09-2023

VENUE: Indhira Gandhi Municipal Stadium

ORGANISED BY: 10(A)Girls  
Bn, NCC, KLEF

SUPPORTED BY: Dr.Pavani, **ANO of 10(A) girls Bn,  
NCC,KLEF.**

## **EVENT DESCRIPTION:**

### **Introduction:**

The National Cadet Corps (NCC) organized a Health Awareness Marathon Event on 29<sup>th</sup> September, with the aim of promoting fitness and well-being among the youth and creating awareness about the importance of leading a healthy lifestyle. The event saw enthusiastic participation from cadets, students, and members of the community.

### **Objective:**

The objective of the event was to promote fitness and physical well-being among the youth, and to create awareness about the importance of leading a healthy lifestyle, and to encourage community participation in health promotion activities.

### **Attendance and Participants:**

The event was attended by 100 members along with their friends. And many communities have actively participated in the marathon.

### **Program Highlights**

All members done a 5km marathon around **Indhira Gandhi Municipal Stadium**, to promote awareness about our health. The event also highlighted the role of NCC in promoting health awareness and community engagement.

### **Key Messages**

Throughout the event, the following key messages were reiterated:

- 1) Promoting fitness and well-being: The event aimed to promote fitness and physical well-being among the youth and community members, emphasizing the importance of leading a healthy lifestyle.
- 2) Community participation: The event encouraged community participation creating a platform for individuals of all age groups to come together and contribute towards health awareness.
- 3) Education and awareness: Health education stalls provided information on nutrition, mental health, hygiene, and preventive healthcare, helping participants gain knowledge and understanding on various aspects of well-being.

## Conclusion

The Health Awareness Marathon Event organized by the NCC served as an effective way to promote fitness and well-being among the youth and the community at large. By encouraging physical activity, providing health education, and fostering community participation, the event made a significant contribution to creating awareness about leading a healthy lifestyle.

The success of this event reflects the commitment of NCC in nurturing a generation of physically and mentally fit individuals. At the end of the event, participants who completed the marathon received certificates of achievement, encouraging a sense of accomplishment and motivation.

## PHOTO GALLERY:







GPS Map Camera



Google

**Vijayawada, Andhra Pradesh, India**  
#40-5-18, Siddhartha College Rd, Near P.B Siddhartha Arts College, Revenue Colony Park,  
Sidhartha Nagar, Labbipet, Vijayawada, Andhra Pradesh 520010, India  
Lat 16.505857°  
Long 80.647052°  
29/09/23 07:33 AM GMT +05:30



GPS Map Camera




Google

**Vijayawada, Andhra Pradesh, India**  
35-5-8A, Kudali Esraile Veedi, Punammathota, Labbipet, Vijayawada, Andhra Pradesh 520002,  
India  
Lat 16.505875°  
Long 80.638359°  
29/09/23 08:24 AM GMT +05:30







 **GPS Map Camera**



Vijayawada, Andhra Pradesh, India  
GJ3P+RP7, Labbipet, Vijayawada, Andhra Pradesh 520002, India  
Lat 16.504425°  
Long 80.637035°  
29/09/23 07:56 AM GMT +05:30



List of participants

1	2100560293	D V RISHITHA
2	2100560068	V JAHNAVI
3	2100560063	P VASAVI
4	2100560065	SK SALMA
5	2100560005	G LEKHYA
6	2100560299	YASWITHA M
7	2100560216	PAUL SAYUA
8	2100560227	MERSY CONFIDENCE
9	2100560051	B HARIKA
10	2100560099	K SAI BHAVANI
11	2100560207	T SATHVIKA
12	2100560060	SINDHU PARIMALA
13	2100560062	SAI SREE
14	2100560508	SNEHA J
15	2100560108	MOHITHA
16	2100560125	SRIJA K
17	2100560278	S VEERESH
18	2100560279	K MAHITA
19	2100560285	RISHITHA
20	2100560015	N PRANATHI



Dean  
Students Affairs

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