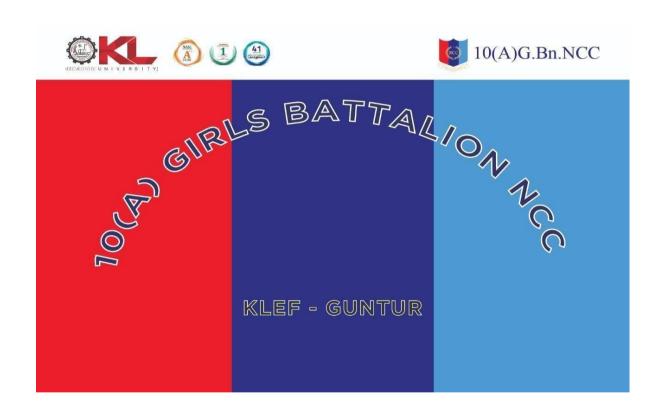


Koneru Lakshmaiah Education Foundation (Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

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10(A) Girls **Battalion**

Marathon For Health Awareness Program



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EVENT DETAILS

EVENT TITLE: Marathon for Health Awareness

DATE: 29-09-2023

VENUE: Indhira Gandhi Municipal Stadium

ORGANISED BY: 10(A)Girls

Bn, NCC, KLEF

SUPPORTED BY: Dr. Pavani, ANO of 10(A) girls Bn,

NCC,KLEF.

EVENT DESCRIPTION:

Introduction:

The National Cadet Corps (NCC) organized a Health Awareness Marathon Event on 29th September, with the aim of promoting fitness and well-being among the youth and creating awareness about the importance of leading a healthy lifestyle. The event saw enthusiastic participation from cadets, students, and members of the community.

Objective:

The objective of the event was to promote fitness and physical well-being among the youth, and to create awareness about the importance of leading a healthy lifestyle, and to encourage community participation in health promotion activities.

Attendance and Participants:

The event was attended by 100 members along with their friends. And many communities have actively participated in the marathon.

Program Highlights

All members done a 5km marathon around Indhira Gandhi Municipal Stadium, to promote awareness about our health. The event also highlighted the role of NCC in promoting health awareness and community engagement.

Key Messages

Throughout the event, the following key messages were reiterated:

- 1)Promoting fitness and well-being: The event aimed to promote fitness and physical well-being among the youth and community members, emphasizing the importance of leading a healthy lifestyle.
- 2) Community participation: The event encouraged community participation creating a platform for individuals of all age groups to come together and contribute towards health awareness.
- 3) Education and awareness: Health education stalls provided information on nutrition, mental health, hygiene, and preventive healthcare, helping participants gain knowledge and understanding on various aspects of wellbeing.

Conclusion

The Health Awareness Marathon Event organized by the NCC served as an effective way to promote fitness and well-being among the youth and the community at large. By encouraging physical activity, providing health education, and fostering community participation, the event made a significant contribution to creating awareness about leading a healthy lifestyle.

The success of this event reflects the commitment of NCC in nurturing a generation of physically and mentally fit individuals. At the end of the event, participants who completed the marathon received certificates of achievement, encouraging a sense of accomplishment and motivation.

PHOTO GALLERY:













List of participants

1	2100560293	D V RISHITHA	
2	2100560068	V JAHNAVI	
3	2100560063	P VASAVI	
4	2100560065	SK SALMA	
5	2100560005	G LEKHYA	
6	2100560299	YASWITHA M	
7	2100560216	PAUL SAYUA	
8	2100560227	MERSY CONFIDENCE	
9	2100560051	B HARIKA	
10	2100560099	K SAI BHAVANI	
11	2100560207	T SATHVIKA	
12	2100560060	SINDHU PARIMALA	
13	2100560062	SAI SREE	
14	2100560508	SNEHA J	
15	2100560108	MOHITHA	
16	2100560125	SRIJA K	
17	2100560278	S VEERESH	
18	2100560279	K MAHITA	
19	2100560285	RISHITHA	
20	2100560015	N PRANATHI	

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