

**Action Taken Report On 3rd International Day of Yoga 21st June 2017
Celebrations at K L University Vaddeswaram, Guntur in compliance to
the communications received by MHRD**

K L University Organized the 3RD International day of yoga in the campus at Department of physical education with great zeal and enthusiasm. The dignitaries graced the occasion were Dr. Habibulla khan Sir (Dean Students Affair), Dr Qureshi Haroon Rasheed, Physical Director. Dr. Habibulla khan Sir briefed the participants about the aims and objectives of the International Day of Yoga. In spite of summer vacation, a large numbers of students, teaching and non-teaching staff were present in the programme and participated in the Yoga practice. The programme was started with the formal welcome address given by K Sujatha Assistant Director of Phycial Education Department of Physical Education. She welcomed all the dignitaries and participants. The yoga instructor Hari pothuluri demonstrated the different Asanas of Yoga and also explained the importance of various asanas for healthy lifestyle. Thereafter, the Coordinator through the detail light on the importance of Yoga Day and emphasized each and everyone to make the Yoga part and parcel of life. He said that university is conducting this event on regular basis due its health benefit and celebrating International Day of Yoga for the 3 rd consecutive year by the direction of UGC.

The Department of physical education conducts regular classes for yoga for students as well as faculty and staff members. In regard to 3rd international Day of Yoga the department of physical education arranged special classes for students, faculty & staff from 19th to 20th June

The vote of thanks was proposed by Dr Qureshi Haroon Rasheed for joining the 3rd International Day of Yoga celebration and he also showed determination in taking up the mission and vision of Government of India, UGC and MHRD.