

Koneru Lakshmaiah Education Foundation (Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

Accredited by NAAC as 'A++' Grade University 
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Date: 24-09-2019 Place: Gundimeda

## Poshan Abhiyaan

KL Deemed to be University (Koneru Lakshmaiah Education Foundation) Department of Bio Technology Unit- 06 National Service Scheme (NSS) successfully conducted Poshan Abhiyaan under directions from government. Dr. M. Sudhamani, Associate Professor, KLEF and NSS program Officer gave an overview of the prevalence of micronutrient malnutrition or Hidden Hunger. It was stressed that almost 50% of women, preschool children were suffering with hidden hunger. World over 2 billion people were victims of hidden hunger. The importance of the right nutrition for a great nation under POSHAN ABHIYAAN was stressed.

The importance of various vitamins and trace elements for health was explained to the gathering by Junior Research Fellow (SEED), Mrs. Ramyakrishna. Various schemes by the government and the fortified products in the market were informed. The research for fortification technology sponsored by SEED, Department of Science and Technology, Government of India was outlined. Again the various guidelines to be followed by housewives were outlined by Dr. M.Sudhamani. The gathering was given sprouts garnished with onion, tomato and lemon at the end of the meeting. The importance of sprouts as source of iron and vitamin needed for the enhanced absorption of metals was indicated.

No. of Volunteers Participated: 36

No. of faculty Participated: 03

## **Event Photos:**

