Koneru Lakshmaiah Education Foundation



(Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

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Phone No. 0863 - 2399999; www.klef.ac.in; www.klef.edu.in; www.kluniversity.in

Admin Off: 29-36-38, Museum Road, Governorpet, Vijayawada - 520 002. Ph: +91 - 866 -2577715, Fax: +91-866-2577717.

Date: 15-08-2020

A Report on Launch of Fit India Youth Club Conducted on 15-08-2020

KL Deemed to be University (Koneru Lakshmaiah Education Foundation) Electronics and Communication Engineering (ECE) Unit- 02 National Service Scheme (NSS) Volunteers participated programme live streaming launch of "Fit India Youth Clubs" on 15th August 2020 KLEF All departments NSS Volunteers active participate in this event. The Fit India Youth Club, a part of the Fit India Movement envisioned by Honorable Prime Minister Shri Narendra Modi, endeavors to harness the power of youth to create mass awareness about the importance of fitness, across the country.

The Fit India Youth Clubs bring together fitness and voluntarism in a unique way in which 75 lakh volunteers of Nehru Yuva Kendra Sangathan and National Service Scheme, along with Scouts and Guides, NCC and other youth organizations will come together to register as Fit India Youth Clubs in every block in the country, under the aegis of a district unit and each member of the club will motivate people from the community to take up fitness activities of 30 to 60 minutes in his or her daily routine," read a sports ministry release.

Date of the Event: 15-08-2020

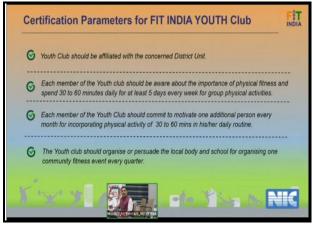
Name of the Event: Launch of Fit India Youth Club

Venue: Online

No. of Participants: Students- 136, Faculty- 13



As an NSS team we need to know about it so we watched the programme through the link given. Additionally, the clubs will encourage schools and local bodies to organize one community fitness program every quarter. Speaking about the initiative, Rijiju said, "Only a fit citizen can contribute adequately to his or her country and help fellow citizens in their times of need. India is a country of 1.3 billion people, and we have 75 lakh youth volunteers already, and that number will go up to 1 crore very soon."

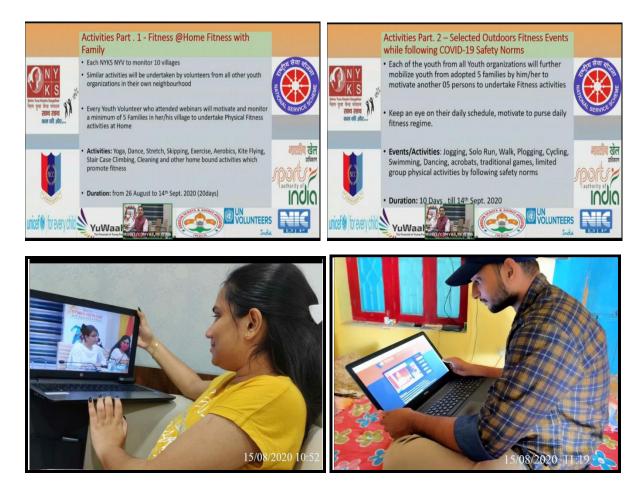








The run has already gathered momentum across the country, with elite athletes, corporate leaders, men in uniform, school students taking to social media and posting pictures and videos of their Independence Day run with #Run4India and #NewIndiaFitIndia.



Various organisations like CISF, ITBP, BSF, CBSE Schools, CICSE schools, our own NSS, NYKS volunteers Scouts and Guides other youth organisations are taking active part.